

**5<sup>th</sup> SEMESTER**  
**DISCIPLINE SPECIFIC ELECTIVE (DSE-IA)**

**OPTION - I**

**PSY520DA: PSYCHOLOGY: LIFE SPAN DEVELOPMENT**

**CREDITS THEORY = 4; PRACTICUM = 2**

*Objectives: To understand how human life unfolds from conception to late adulthood and to understand the relationship between theory and applications within each domain of development.*

**THEORY: 4 CREDITS**

**Unit 1.** Introduction to life-span Development: Nature, issues and theoretical perspectives (Erickson's Theory); methods and designs

**Unit 2.** Physical development: Patterns of growth from conception till late adulthood.

**Unit 3.** Cognitive development: Introduction, Piagetian, Vygotskian, and Cognitive changes in adulthood.

**Unit 4.** Socio-emotional development: Emotional development; Moral development (Kohlberg's Theory of Moral development); The Self; Gender and sexuality.

**PRACTICUM: 2 CREDITS (Any two from below 4 practicals)**

1. Mental ability Tests
2. Self-concept
3. Emotional Intelligence
4. Moral development

**READINGS:**

1. Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.
2. Feldman, R.S. & Babu, N. (2011). Discovering the life-span. New-Delhi: Pearson.
3. Santrock, J.W. (2012). A topical approach to life-span development. New-Delhi: Tata McGraw-Hill.

**5<sup>th</sup> SEMESTER**  
**DISCIPLINE SPECIFIC ELECTIVE (DSE-IB)**

**OPTION - II**

**PSY520DB: PSYCHOLOGY: ORGANIZATIONAL PSYCHOLOGY**

**CREDITS THEORY = 4; PRACTICUM = 2**

*Objectives: To introduce the basic concepts of Organizational Psychology and to understand the applications of psychology at the workplace.*

**THEORY: 4 CREDITS**

**Unit 1:** Introduction: Organizational Psychology and Current status, Challenges and opportunities.

**UNIT 2:** Work Related Attitudes: Job satisfaction and Job involvement; Organizational Commitment; Organizational Citizenship Behavior.

**UNIT 3:** Work Motivation: Theories and application; Herzberg's two factor theory and Mc Clelland's need achievement theory.

**Unit 4:** Leadership: Contemporary perspectives on leadership (Trait Theories and Behavioral Theories); Leadership Styles (Transformational, Charismatic, Transactional, Democratic, Laissez faire).

**PRACTICUM: 2 CREDITS (Any two from below 4 practicals)**

1. Organizational Commitment
2. Job Satisfaction
3. Leadership
4. Work Motivation

**READING LIST:**

1. Aamodt, M. G. (2001) Industrial Organizational Psychology. India: Cengage Learning.
2. Chadha, N.K. (2007) Organizational Behavior. Galgotia Publishers: New Delhi.
3. Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley.
4. Robbins, S. P, Judge, T. A and Vohra, N (2013). Organizational Behaviour; (15 Ed.) Dorling Kindersley India.
5. Aswathappa, k. (2013). Organizational Behaviour: Text, Cases and games. (11<sup>Th</sup> Revised Ed.) Himalaya Publishing House New Delhi.
6. Luthans, F. (2009). Organizational behavior. New Delhi: McGraw Hill.
7. Muchinsky, P.(2006). Psychology applied to work: An introduction to industrial and organizational psychology. NC: Hypergraphic Press.
8. Pareek, U.(2010). Understanding organizational behaviour. Oxford: Oxford University Press.