

5th SEMESTER
GENERIC ELECTIVE (GE)
(FOR NON-PSYCHOLOGY STUDENTS)

PSY520G: PSYCHOLOGY: FOUNDATIONS OF PSYCHOLOGY - I

CREDITS THEORY = 4; TUTORIALS = 2

Objectives: To understand the basic psychological processes and their applications in everyday life.

THEORY: 4 CREDITS

Unit 1: Psychology as science, origin and development of psychology, perspectives (Biological, Psychodynamic, Behavioural, Cognitive, Humanistic and Socio-cultural).

Unit 2: Methods of Psychology (Experimental, Observation, Interview and Case Study).

Unit 3: Sensation and Perception: Sensation, Meaning and Nature of Sensation. Perception, meaning and nature of perception, laws of perceptual organization,

Unit 4: learning: meaning and theories; classical conditioning, operant conditioning and observational learning

Memory: Meaning and Types; Atkinson and Shiffrin and Craick and Lockhart model of memory.

TUTORIALS: 2 CREDITS

1. Roles and functions of psychologists
2. Application of Psychology

READINGS:

1. Wani, N. A (2019). Introduction to Psychology. Wisdom Press New Delhi.
2. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
3. Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
4. Feldman.S.R. (2009).Essentials of understanding psychology (7th Ed.) New Delhi: Tata Mc Graw Hill.
5. Glassman, W.E. (2000).Approaches to Psychology (3rd Ed.) Buckingham: Open University Press.