

Government Degree College Baramulla, Jammu and Kashmir

NAAC Accredited Grade “A” and College with Potential for Excellence (CPE)

GDC Baramulla Observes International Day of Persons with Disabilities-2021

December 03, 2021. Government Degree College (GDC), Baramulla organized a talk show to commemorate the International Day of Persons with Disabilities (IDPD). December 03 is International Day of Persons with Disabilities (IDPD), observed across the globe by individuals, organizations, and institutions to promote the full and equal participation of persons with disabilities and to take action for the inclusion of persons with disabilities in all aspects of society and development. In 2021, the UN’s theme was



“Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post COVID-19 World”. This theme underlines the importance of fostering an inclusive culture and responding to the urgent needs of people with disability in all aspects of society, especially during the COVID-19 pandemic.

In this backdrop the National Service Scheme (NSS) of GDC, Baramulla organized a talk show on the theme *‘Understanding Disabilities and The Role of Psychologists’*. Dr Mudassir Hassan Pandith, Assistant Professor (Child Psychology), Government Medical College, Baramulla was the keynote speaker who spoke on the aforementioned theme and the stated objective of United Nation’s General Assembly Resolution (1992), that is ‘to promote the rights and wellbeing of persons with disabilities in all spheres of society’. He underscored the importance of understanding the nature of disabilities in a wider perspective and stated, “Not all disabilities are visible and static”. Dr Mudassir, therefore, also focused on spreading

awareness and understanding of disabilities that are not immediately apparent, such as mental illness, chronic pain or fatigue, sight or hearing impairments, diabetes, brain injuries, neurological disorders, learning differences and cognitive dysfunctions, among others. His lecture was followed by a threadbare discussion on the issue and challenges faced by persons with disabilities and a lively question/answer session, wherein participants posed a volley of questions. All the queries raised by participants were answered to the highest level of satisfaction.



Earlier Prof. (Dr.) Mushtaq Ahmad Lone, Principal of the college welcomed the guest and participants and presented an inaugural address wherein he illuminated the participants about disability and its variants. He allude to the WHO World Report on Disability, according to which 15 per cent of the world's population, or more than 1 billion people, are living with disability. Of this number, it's estimated 450 million are living with a mental or neurological condition— and two-thirds of these people will not seek professional medical help, largely due to stigma, discrimination and neglect report on presented the facts of persons with disabilities and underscored the need to promote and respect the rights and wellbeing thereof.

Dr. Kaiser Ahmad Dar, Program Officer, NSS (Unit-II) presented a concept note and shared the modalities of the talk show with the participants besides manoeuvring and conducting the proceedings of the show.

Dr. Navshad Ahmad Wani, head, Department of Psychology introduced the invited speaker to the participants and Dr. Syed Masarat Geelani, Program Officer, NSS (Unit-III) proposed a vote of thanks on the occasion.