

**BA (GENERAL) 3<sup>rd</sup> SEMESTER  
DISCIPLINE SPECIFIC COURSE (CORE-III)**

**ED320C: EDUCATION: PSYCHOLOGICAL FOUNDATIONS OF EDUCATION**

**CREDITS: THEORY: 4; TUTORIAL: 2  
MAX. MARKS: THEORY: 60; TUTORIAL: 30  
MIN. MARKS: THEORY: 24; TUTORIAL: 12**

**THEORY (4 CREDITS)**

**COURSE CONTENT:**

**Unit-I Meaning and Theories of Learning:**

- a) Concept, Definitions and Characteristics of Learning,
- b) Trial and Error – E. L. Thorndike Conditioning - Pavlov
- c) Operant Conditioning – B. F. Skinner
- d) Social Learning Theory – Bandura

**Unit-II Intelligence and Its Tests**

- a) Concept of Intelligence & I.Q, and Theories –
  - Two Factor Theory (Spearman)
  - Multi Factor Theory (Thorndike)
  - Group Factor Theory (Turnstone)
- b) Detailed description of the following tests
  - i. Simon – Binet Scale (Verbal Intelligence Test)
  - ii. Cattell’s Culture Fair Test (Non-verbal)
  - iii. Bhatia Battery Performance Test

**Unit-III Personality and its Theories:**

- a) Nature of Personality, Definitions and Meaning,
- b) Personality Characteristics.
- c) Theories of Personality:
  - i. Type Theory – William Sheldon & Carl Gustav Jung
  - ii. Trait Theory – G.W. Allport
  - iii. Psycho-Analytical – Sigmund Freud

**Unit-IV Adolescence & Mental Health and Hygiene**

- a)
  - i) Concept, Characteristics & Problems of Adolescents,
  - ii) Role of Education/ teachers in solving problems of Adolescents,
- b)
  - i) Concept and Characteristics of Mental Health and Hygiene,
  - ii) Concept, Causes & Symptoms of Mal-Adjustment
  - iii) Adjustment–Meaning, Process and Mechanism –  
Rationalization, Sublimation, Compensation

**TUTORIAL (ACTIVITY BASED)**

**CREDITS:2**

- Unit V:**
  - i) Book Review on any book prescribed in syllabus or as recommended by the Teacher in charge (PPT)
  - ii) Seminar presentation (PPT) on any topic in syllabus (Except Unit 1<sup>st</sup>)
  - iii) Preparation of Psychological Terms (Glossary Type) at least 20

- Unit- VI:**
  - i) Life sketch of any of the psychologists prescribed in Unit III (PPT),
  - ii) Seminar presentation (PPT) / assignment writing from Unit I- IV.
  - iii) Case study of adolescents – Social and psychological problems.

## **Recommended Books:**

**Aggarwal, J. C. (2011).** Essentials of Edu. Psychology. New Delhi: Vikas Pub. House.

**Baron, R. A. (1987).** Psychology. Dorling Kindersley. Pvt. Ltd.

**Chauhan, S. S. (1998).** Advanced Educational Psychology. New Delhi: Vikas Pub. House Pvt. Ltd.

**Dandapani, S. (2010).** Advanced Educational Psychology. New Delhi: Anmol Pub. Pvt. Ltd.

**Lindzey, G., Hall, O. S (2012).** Theories of Personality. London: Wiley India Pvt. Ltd.

**Mangal, S. K. (2015).** Advanced Educational Psychology. New Delhi:

**Mattoo, M. I. (2019).** Psychological Foundations of Education. New Delhi: Discovery Publishers.

**Parveen, A. (2011)** Fundamentals of Education. Srinagar: Info-world.

**Shameem, S & others (2018):** Modern Text Book on Education. New Delhi: Anshal Publishers.

**Weiten, Wayne & Lloyd, Margaret, A. (1994).** Psychology Applied to Modern Life. Brooks: Cole Publishing Company  
Inc.

**Woolfolk, A, E. (1995).** Educational Psychology. Boston: Allyn and Bacon.

**Zastrow, Charles and Ashman, K. K. (1997).** Understanding Human behavior and the Social Environment. Chicago:  
Nelson- Hall Publishers.