## OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE BARAMULLA

(AUTONOMOUS) (NAAC Re-Accredited Grade 'A' College with Potential of Excellence)

Website: www.baramullacollege.net email:varmulcollege@gmail.com telefax: 01952/234214

NOTICE

No. GCB/Psy/25/[]] Dated: 05-05-202

The Department of Psychology of the college is going to conduct an awareness campaign title "RAAHAT Hunar-e-Sukoon: An Open Arm Succour" aimed at fostering emotional resilience, psychological healing and overall mental wellbeing within the academic community. In this connection all the students and faculty of the college are informed to attend the said event on  $6^{th}$  of May, 2025 at 11:30 a.m in the College Auditorium.

The key highlights of the event include interactive sessions, social media awareness campaigns and street plays.

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## Copy to the:

- 1. Coordinator IQAC of the college for information.
- 2. Head Department of Psychology of the college for information.
- 3, Convener Hall Committee of the college for information.
- 4. Convener Protocol Committee of the college for information.
- 5. HOD Media Studies of the college for information for covering the event.
- 6. I/C Website for displaying the notice on college website.
- 7. College Accountant for information.
- 8. Concerned file.